



Dr Annemaree Bickerton (Child, Adolescent and Family Psychiatrist) and Toni Garretty (Clinical Coordinator)
Family and Carer Mental Health Program,
Illawarra Shoalhaven Local Health District presents:

A new intervention for FAMILIES AND CARERS “*Staying Connected When Emotions Run High*”

This FREE workshop will be extremely relevant if you support someone who:

- Has relationship difficulties
- Demonstrates changing emotions & strong overwhelming feelings
- Displays impulsive & destructive behaviour e.g. cutting
- Has a diagnosis of Personality Disorder

Date & Time:

Tuesday

18 November 2014

9:15 registration

9:30am – 3:30pm

Venue:

Aboriginal Cultural
Centre

22 Kenny St

Wollongong

Morning tea will be provided BYO Lunch

RSVP: Toni Garretty (email preferred):

toni.garretty@sesiahs.health.nsw.gov.au

Or 42207919 (If phone unattended please leave contact details including preferred training date and venue)