



ARAFMI ILLAWARRA

Caring for Carers

“Personality Disorders” Carer Support Group

A support group for carers who support a loved one living with Personality Disorder's and want to share experiences and strategies on positive caring. The group also focuses on carers own wellbeing and emotions.

Venue: *South Coast Private Hospital*

112 Burelli Street

Wollongong

When: *1st and 3rd Tuesday of the month*

Time: *5.30pm—7.00pm*

For more information or to register for this group

please contact ARAFMI Illawarra on 4254 1699



support groups



PROJECT AIR
A PERSONALITY DISORDERS STRATEGY



South Coast
Private

Turn over the page for dates



ARAFMI ILLAWARRA

Caring for Carers

“Personality Disorder” Carer Support Group Dates

2014

OCTOBER— *Tuesday 7th & 21st*

NOVEMBER — *Tuesday 4th & 18th*

DECEMBER— *Tuesday 2nd & 16th*

2015

JANUARY—*Tuesday 6th & 20th*

FEBRUARY—*Tuesday 3rd & 17th*

MARCH— *Tuesday 3rd & 17th*

APRIL— *Tuesday 7th & 21st*

MAY— *Tuesday 5th & 19th*

JUNE—*Tuesday 2nd & 16th*

Personality Disorders Support Group for Carers and Family Members

Is held on the 1st and 3rd Tuesday of each month in the Hyams room- Ground Floor

South Coast Private Hospital 5.30pm—7.00pm

112 Burelli Street Wollongong Please register for this group by phoning 4254 1699



PROJECT AIR
A PERSONALITY DISORDERS STRATEGY



South Coast
Private