

WORKSHOP

Transference-Focused Psychotherapy for Borderline and Narcissistic Personality Disorders

Monday 30th — Tuesday 31st March 2015



Dr Frank Elton Yeomans, M.D., Ph.D.

Clinical Associate Professor of Psychiatry at the Weill Medical College of Cornell University

Director of Training at the Personality Disorders Institute of Weill-Cornell

Senior collaborator of Dr. Otto Kernberg, the architect of the Transference-Focused Psychotherapy (TFP) model, and a pioneer of manualised, evidence-based treatments for personality disorders.

TFP course objectives — to teach

- the concept of psychological structure and its relation to the specific symptoms of borderline personality
- the range of borderline pathology and its different presentations
- the centrality of identity diffusion in borderline personality disorder and the role of identity integration in resolution of BPD
- the strategies, tactics and techniques of effective psychodynamic psychotherapy for borderline personality;
- how to perceive and identify object relations dyads (pairings of representations of self and other) as they are enacted in the therapy.
- the therapist to be aware of and use countertransference
- the concept of reflective functioning and its role in psychological well-being.

St. Vincent's Hospital, Melbourne
Michael Chamberlain Lecture Theatre, Aikenhead Building
(Cnr Victoria Pde & Nicholson St)
Fitzroy, Victoria 3065

Please contact Mary Veljanovska at mary.veljanovska@svha.org.au

for further details.



08.00am—8.45am	CONFERENCE REGISTRATION	
8.45am—9.00am	WELCOME ADDRESS—PROF. DAVID CASTLE	
DAY 1	MONDAY 30th MARCH	
9:00am-10:00am	Developing a psychodynamic treatment for personality disorders	
	How do we understand personality? <ul style="list-style-type: none"> • Processing Model • Personality structure 	
MORNING TEA		
10.30am –12.00pm	A model of psychological structure <ul style="list-style-type: none"> • Review of object relations theory • A psychodynamic-structural diagnostic system for personality disorders • High level borderline and low level borderline • The fit between this model and working with the transference ⇒ Alternate models for working with borderline personality disorder 	
LUNCH		
2.00pm — 3.00pm	Overview of TFP: Strategies	
	Evaluation: the Structural Interview <ul style="list-style-type: none"> • Video #1 – structural interview 	
AFTERNOON TEA		
3.30pm—5.00pm	Treatment Tactics <ul style="list-style-type: none"> • The beginning of therapy and the treatment contract 	
DAY 2	TUESDAY 31st MARCH	
9:00am– 10.15am	Additional treatment tactics - Selecting the Focus of Attention and Intervention	
MORNING TEA		
10.00am—12.00pm	Treatment Techniques <ul style="list-style-type: none"> • Interpretation • Technical Neutrality • Countertransference 	
LUNCH		
1.00pm —2.15pm	Evolution of treatment	
AFTERNOON TEA		
2.30pm—5.00pm	Video #2 <ul style="list-style-type: none"> • Attending to the Transference • Dealing with a crisis ⇒ Interpretation 	
	Discussion	
<u>Workshop Registration</u> Full Registration (2 Days) \$370 + \$37 GST Staff Rate \$270 + \$27 GST (St. Vincent's ,University of Melbourne and Swinburne University Staff) Trainees/Students* \$220 + \$22 GST * must include copy of an accompanying letter to attest to full-time student/trainee status Please register at: http://go.unimelb.edu.au/d9yn		