

SERVICES WE OFFER

TRAINING

Project Air Strategy offers comprehensive training for health professionals, services and organisations who work with people with personality disorders. Training can be tailored to meet your specific needs and requirements. Training topics include, but is not limited to, the following:

- Understanding personality disorders
- Assessment of personality disorders
- A relational approach to understanding personality disorders
- Risk assessment
- Responding to suicidal behaviour and threats
- Working in crisis situations
- Managing risk, self-harm and suicidality
- Collaborative Care Planning
- Brief interventions and building staff capacity
- Working with carers and families
- Working with parents with personality disorders and their children
- Specific treatment skills and phases of psychotherapy
- Communication skills with personality disorders
- Treatment challenges and specific client issues
- Treatment models and methods (e.g. DBT, ACT, MBT)
- Integrated Treatment for Dual Disorders
- Pharmacotherapy and prescribing techniques for personality disorders
- Supervision and team consultation
- Working with comorbidity such as substance abuse (drug and alcohol issues)
- Working with specific personality disorders, for example, borderline or antisocial disorders
- Working with specific issues in personality disorders such as:
 - young people with emerging signs and symptoms
 - older persons including in residential aged care settings
 - intellectual disability
 - CALD populations
 - in the forensic setting
 - in the hospital setting

Training programs are informed by research evidence and best practice clinical expertise for working with people with personality disorders.

COMPLEX CASE REVIEWS & SECONDARY CONSULTATION

We offer a complex case review and secondary consultation service for individuals and organisations working with complex clinical issues associated with personality disorders. A small group of highly skilled and experience clinicians from across Australia have been selected to be part of our expert consultation team to provide timely advice and support to services, organisations and private health professionals. We can also work with teams or groups on service redesign and advice about best practice. We also provide assessment services. We can visit your service or provide consultations by Telehealth, Skype or telephone.

RESEARCH SERVICE

Investing in service redesign, clinical changes or training should be evaluated for effectiveness. We offer research services tailored to the individual or group's needs. Our team has an extensive published track record of research services, including: literature reviews, guidelines development, clinical trials, outcome studies, services interviews and qualitative and quantitative methods designed to help you answer specific questions tailored to your needs.

For further information on our training please contact: info-projectair@uow.edu.au