

# \_\_\_\_\_’s Support and Safety Plan for School

[www.projectairstategy.org](http://www.projectairstategy.org)

Student name:

Staff Consulted\*:

This plan can support you to identify strategies you would like to put in place when returning to school after a mental health concern.

Student health and wellbeing is a priority for learning. As a school we will assess your needs to ensure you feel safe. This plan will help us do this together.

Actions, plan and goals to assist my health and wellbeing at school:

People I can talk to at school to assist me:

The school will provide regular contact and communication to check on my health and wellbeing.

Agreed contact (e.g. twice a day, daily, weekly):

Contact method:

A flexible timetable may be needed for a period of time as outlined below.

Signature:

Date:

Date of next review:

Copy for the: Student / School / Parent/ Other (please specify):

**\*Write and or review in partnership with the young person and their family/carers. This plan should be formed in collaboration with a school executive member and other education staff depending on the context of school.**