

E-Learning

Effective Psychological Treatment for Borderline Personality Disorder

An e-learning training program for mental health workers and service providers

Module 1 - What is effective care for BPD?

Module 2 - How to effectively engage people with BPD in treatment

Module 3 - How to reduce crises and increase safety to promote recovery in people with BPD

Module 4 - Working actively with people with BPD and connecting with carers, partners & family

Module 5 - Successful BPD treatment: A survival guide for healthcare workers