



# PROJECT AIR

A PERSONALITY DISORDERS STRATEGY

**Online!**

## 14th International Conference on the Treatment of Personality Disorders

**Theme: "EARLY INTERVENTION"**

**Pre-Conference: Thursday 5 November 2020**

**Conference: Friday 6 November 2020**

**Workshop: Saturday 7 November 2020**

This is an **all online conference** - live streamed (with interactive discussion sessions) and then available for one week. Registration is essential and is only available for the online modality.

Face to face attendance in Wollongong may be available in future for some online registrants at no extra cost, depending on health advice at the time.

Presentations and attendees from across the world are welcome.

The Project Air Strategy for Personality Disorders, Illawarra Health and Medical Research Institute, Wollongong University Professional and Clinical Psychology programs and NSW Ministry of Health invite you to the **14th International Conference on the Treatment of Personality Disorders**. The theme "**Early Intervention**" provides a unique opportunity to be updated with the latest research in Australia and internationally.

**Program at a glance:**

Thursday 5 November 9am - 3pm **Pre conference Consumer, Family and Carer Day**

Thursday 5 November 4pm - 8pm **AART-PD pre-conference business meeting**

Friday 6 November 9am - 4pm **Scientific Conference Day**

Saturday 7 November 9am - 4pm **Workshop Day with Professor Carla Sharp**

This year's conference will be co-hosted by the AART-PD - Australasian Association for Research and Treatment of Personality Disorder, an affiliate of the International Society for the Study of Personality Disorders (ISSPD).

The conference presents an opportunity for professional development and to have a stimulating and thought provoking exposure to new ideas and recent work in treatment of personality disorders by experts, service users, family members, carers, service directors, managers and clinical and professional leaders. A focus this year in particular will be on early intervention for young people, although presentations from across will feature.

In response to the global pandemic we are offering all conference activities via Videoconference attendance. You will be able to watch the live stream or have access to a delayed webinar of the events - which will be available for your viewing until one week after the event.

**Keynote presentations for the Friday conference** include Professor Carla Sharp (University of Houston) and Professor Andrew Chanen (Orygen). There will be a number of other speakers throughout the conference talking about research, service developments and innovative approaches to treatment and early intervention.

**The SATURDAY WORKSHOP** is presented by **Professor Carla Sharp** (USA) for clinicians and health professionals and is an opportunity to learn from a distinguished researcher and clinical psychologist in a workshop titled: **Personality challenges in adolescence: what they are, why they matter and what to do about them.**

## Invitation to present at the conference:

**Due date: 12 August 2020.** We invite online live or pre-recorded presentations to update on scientific research, new innovations and treatment extensions within personality disorder services (e.g. model, structure, implementation, and evaluation), or presentations on another issue relevant to personality disorders. Presentations are approximately 20 minutes but may vary depending on the schedule. There is also a 2-minute lightning talk and e-poster session. You will be informed prior to the conference about your presentation and the duration. Depending on time constraints, not all applications to present may be allocated in the program, and some may be requested to prepare e-posters only. Poster size should be set up to be approximately 80 cm across x 100cm high but should be presented in e-poster format (PowerPoint/pdf). We will print posters for face to face attendees.



**Please specify:** Presentation Type: /Brief Oral Presentation/ Poster / Both Brief Oral Presentation & Poster; Presenter names and presenters affiliation and email address. Title of presentation. Abstract (max 150 words) as a short description of the presentation. Submit your presentation proposal by email to [info-projectair@uow.edu.au](mailto:info-projectair@uow.edu.au)



**Friday Keynote presenter: Carla Sharp, Ph.D.** is Professor and Director of Training for the Clinical Psychology doctoral program at the University of Houston, Texas USA. She is also Director of the Adolescent Diagnosis Assessment Prevention and Treatment Center and the Developmental Psychopathology Lab at UH. She holds adjunct positions at University of Texas, Baylor College of Medicine, University College London and the University of the Free State in South Africa. She has a longstanding interest in social cognition (mentalizing) as a cause and correlate of psychiatric disorder across the lifespan with a special focus on youth.

Carla has published over 250 peer reviewed publications, numerous chapters and books, including *Social Cognition and Developmental Psychopathology* (OUP), and *Handbook of Borderline Personality Disorder in Children and Adolescents* (Springer). A large proportion of her research uses Borderline Personality Disorder (and other personality pathology) to study where social-cognitive function goes awry. As such, she has significantly advanced scientific understanding of the phenomenology, causes and correlates of personality pathology in youth.

Recent developments in her work reflect a translational focus to carry through the earlier focus on mentalizing to evaluate its function as mechanism of change in personality pathology as well as other attachment-related conditions, and an interest in Criterion A of the DSM-5 Alternative Model of Personality Disorder. Her work has been funded by the NICHD, NIAAA, NIMH, the Brain and Behavior Research Foundation and other foundations. She is current President of the International Society for the Study of Personality Disorders.

**Friday Keynote presenter: Professor Andrew** Chanen is Director of Clinical Programs and Services and Head of Personality Disorder Research at Orygen in Melbourne, Australia. He is also a Professorial Fellow at the Centre for Youth Mental Health, The University of Melbourne.

Andrew's clinical, research and knowledge translation interests lie in prevention and early intervention for severe mental disorders, principally personality disorder, along with mood and psychotic disorders. He established and directs the Helping Young People Early (HYPE) prevention and early intervention program for severe personality disorder in young people. HYPE has been recognised with several awards for advancing healthcare.

Andrew currently receives grant funding from the National Health and Medical Research Council (NHMRC) and the Australian Research Council. He has over 140 scientific publications. He serves on several Editorial Boards and on a number of expert mental health groups. He is a Past President of the International Society for the Study of Personality Disorders (ISSPD) and the recipient of the 2017 Award for Distinguished Achievement in the Field of Severe Personality Disorders from the Borderline Personality Disorder Resource Centre and Personality Disorder Institute, New York.



## Saturday Workshop: "Personality challenges in adolescence: what they are, why they matter and what to do about them".

### Professor Carla Sharp: Saturday one-day workshop

This one day workshop will use an interactive case based learning approach to using the mentalisation-based

perspective applied to the treatment of personality challenges in adolescence. It will blend theory, research and practice, with a strong applied focus. The interactive presentation at this stage will be live streamed from the USA.

## Registration:

**Registration is for access to the live online stream, and delayed webinar stream for 1 week**

\$50 Half Conference Friday morning (9-12.30pm)  
\$50 Half Conference Friday afternoon (1-4pm)  
\$100 (Workshop Saturday)  
\$15 Pre-conference Consumer, Family and Carers - Thursday

Access to all videoconference webinar streams paid in Australian Dollars \$200.

All prices inclusive of the Australian Goods and Services Tax (GST)

Registration is online only with credit card (Visa or MasterCard) at [projectairstrategy.org](http://projectairstrategy.org)

**Complimentary face to face tickets** may become available for some delegates who have registered for the online event and are able to attend in Wollongong. This will depend on health expert advice closer to the date of the conference. Please note that we recommend you register early if you hope to attend in person. You will be able to note your interest in attending face to face during the registration process.

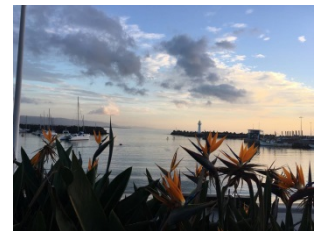
General enquiries email: [info-projectair@uow.edu.au](mailto:info-projectair@uow.edu.au)  
Phone: (02) 42981571

## Preconference Consumer, family and carer online event: Thursday 5 November 2020

**The Consumer, Family and Carer Day will be held as an online event this year.**

This day is for people with lived experience and their families and carers. There will be a combination of presentations delivered online but the purpose of the day is to be interactive so will feature discussion forums. Also there will be the opportunity to hear about issues of relevance to consumers including an overview of the latest research in the recovery space.

We invite you to be part of the day and share your experience and story. Please contact us with your idea of proposal: email [info-projectair@uow.edu.au](mailto:info-projectair@uow.edu.au).



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